# “3-minute Concept” Animated Video Clips Series:

# “Bullying”

# Worksheet

**A. Multiple Choice Questions**

**Circle the correct answers.**

1. Which of the following behaviours can be regarded as bullying?
   1. call others an unkind name
   2. mock or insult others because of his/her physical characteristics
   3. isolate others on purpose
   4. shove others on purpose

A. ii

B. i, ii

C. i, iii

D. i, ii, iii, iv

1. Which of the following are elements involved in bullying?
   1. the bully hurts another person on purpose
   2. the bully is obviously more powerful than the victim
   3. the act of bullying is repeated over a period of time
   4. the act of bullying usually happens at night time

A. i,ii

B. ii, iii

C. i, ii, iii

D. i, iii, iv

1. What are the different categories of bullying behaviours?
   1. Physical bullying
   2. Verbal bullying
   3. Indirect bullying
   4. Cyber-bullying

A. i, ii

B. ii, iii

C. i, ii, iii

D. i, ii, iii, iv

1. When bullying happens or when we ourselves are being bullied, what should we do?
   1. we should not join in so as to avoid encouraging the bullying behaviour
   2. we should help the victim seek help
   3. we should seek help from parents, teachers or social workers
   4. we use physical force to fight back

A. i, ii

B. ii, iii

C. i, ii, iii

D. i, ii, iii, iv

**B. Matching**

**Match the different roles in bullying with their behaviours correctly by drawing a line between them.**

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| **Roles** |  | **Behaviours** |
| Bully |  | follows the bully and participates directly in bullying |
| Victim |  | comforts and supports the victim and tries to stop bullying |
| Assistant |  | starts the bullying behaviour |
| Defender |  | suffers from bullying |
| Reinforcer |  | stays out of the way, neither supports the bullying nor helps the victim |
| Bystander |  | supports the bullying behavior by teasing and cheering around |

**C. Short Question**

When we come across cyber-bullying, how should we handle it?

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